

# Open Educational Resources in Psychology: A Starter Pack

## Introduction to Psychology

- Cummings, J.A., & Sanders, L. (2019). [Introduction to Psychology](#).
- Spielman, R.M., Jenkins, W.J., & Lovett, M.D. (2020). [Psychology](#).
- Murray, S. (2019). [Introduction to Psychology Study Guide](#).
- NOBA. [Discover Psychology 2.0: A Brief Introductory Text](#).
- OpenStax. [Psychology 2e](#).

## Research Methods and Statistics

- Jhangiani, R.S., Chiang, I.C.A., Cuttler, C., & Leighton, D.C. (2019). [Research Methods in Psychology \(4<sup>th</sup> edition\)](#).
- Crump, M.J.C., Navarro, D. J., & Suzuki, J. (2019). [Answering Questions with Data: Introductory Statistics for Psychology Students](#).
- Bikos, L.H. (2022). [ReCentering Psych Stats: Psychometrics](#).
- Castro, L., & Mordkoff, J.T. (2023). [Data Analysis in the Psychological Sciences: A Practical, Applied, Multimedia Approach](#).
- Magnusson, K. (2023). [Visualizations](#).
- Frank et al. (2023). [Experimentology](#).
- Navarro, D. (2018). [Learning Statistics with R](#).
- University of Glasgow. [psyTeachR](#).

## Social Psychology

- NOBA. [Together: The Science of Social Psychology](#).
- Jhangiani, R., & Tarry, H. (2022). [Principles of Social Psychology](#).

## Developmental Psychology

- The Human Development Teaching & Learning Group. [Human Development](#).
- Lally, M., & Valentine-French, S. (2019). [Lifespan Development: A Psychological Perspective](#).

## Abnormal Psychology

- Cummings, J.A. (2020). [Abnormal Psychology](#).
- Bridley, A., & Daffin Jr, L.W. (2022). [Fundamentals of Psychological Disorders](#).

## Cognitive Psychology

- Bröder, A., Kurtz, K. J., Levering, K. R., Graesser, A., Lippert, A. M., Shubeck, K. T., ... Funke, J. (2019). [The Psychology of Human Thought: An Introduction](#).
- College of the Canyons. [Cognitive Psychology](#).

## Biopsychology

- NOBA. [Psychology as a Biological Science](#).
- Dommert et al. [Introduction to Biological Psychology](#).

## Personality Psychology

- Allen, Chris. (2020). [The Balance of Personality](#).

## Community Psychology



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- Jason et al. (2019). [Introduction to Community Psychology: Becoming an Agent of Change.](#)
- Palmer et al. (2022). [Case Studies in Community Psychology Practice: A Global Lens](#)

### Sport Psychology

- Zenko, Z., & Jones, L. (Eds.). (2021). [Essentials of Exercise and Sport Psychology: An Open Access Textbook.](#)

### Positive Psychology

- Diener, E., Oishi, S., & Tay, L. (Eds.). [Handbook of Well-Being.](#)

### Human Sexuality

- Goerling, E. & Wolfe, E. (2022). [Introduction to Human Sexuality.](#)

### Roadmap to Careers in Psychology

- Machin, T., Machin, T., Jeffries, C., & Hoare, N. (2022). [The Australian Handbook for Careers in Psychological Science.](#)

### Various

- The Psychology Commons. [The Psychology Commons.](#)

*Note: This is not intended to serve as an exhaustive list of available OER in Psychology but instead a starting point for exploration. Please use the following OER repositories or reach out to your local university library for assistance in discovering relevant OER for your courses.*

### Places to Discover OER

- [B.C. Open Collection](#)
- [OASIS](#)
- [Open OER Library](#)
- [Open Textbook Library](#)
- [LibreTexts: Social Sciences](#)

### Some OER Efficacy Studies (Psychology Courses)

- Cuttler, C. (2018). [Students' use and perceptions of the relevance and quality of open textbooks compared to traditional textbooks in online and traditional classroom environments.](#) *Psychology Learning and Teaching*, 18(1), 65-83. <https://doi.org/10.1177/1475725718811300>
- Jhangiani, R.S., Dastur, F.N., Grand, R.L., & Penner, K. (2018). [As good or better than commercial textbooks: Students' perceptions and outcomes from using open digital and open print textbooks.](#) *The Canadian Journal for the Scholarship of Teaching and Learning*, 9(1). <https://doi.org/10.5206/cjsotl-rcacea.2018.1.5>
- Hardin, E. E., Eschman, B., Spengler, E. S., Grizzell, J. A., Moody, A. T., Ross-Sheehy, S., & Fry, K. M. (2019). [What happens when trained graduate student instructors switch to an open textbook? A controlled study of the impact on student learning outcomes.](#) *Psychology Learning & Teaching*, 18(1), 48–64. <https://doi.org/10.1177/1475725718810909>
- Nusbaum, A.T., Cuttler, C., & Swindell, S. (2020). [Open educational resources as a tool for educational equity: Evidence from an introductory psychology class.](#) *Frontiers in Education*, 4. <https://doi.org/10.3389/educ.2019.00152>

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